

Tuesday 11 April 2006 at the Norfolk Showground Gates Open 9 a.m. Order Your Tickets Now!

Enjoy an exciting fun-filled day at the Spring Fling organised by the RNAA and Eastern Daily Press. This fun event is aimed at children aged 4 - 14 years. Come along and learn more about Food, Farming and the Countryside.

Wear suitable clothing for taking part in the woodland walk and activities in the Countryside area. You may find a pen or pencil useful for some of the activities.

Children must be accompanied by a responsible adult. Tickets £4.50 each, includes a hog roast lunch (or vegetarian option) and a drink.

This year's theme for the Spring Fling is 'GROWING UP'

- 5 A Day Vegetable Awareness
- · Acle Shire Horse & Foal
- · Air Rifle Range
- All About Nature
- Alpacas & Lamas
- · Beetle Identification
- · British Deer Society
- Cheese Making
- Collage Competitions with Dried Peas
- Country Markets
- Daffodils
- Drawing with Local Artists
- Easton College Schools Department
- Egg Identification
- Electronic Microscopes
- Fancy Rats
- Ferret Display & Demonstration
- Fishing Stand
- · Fly Casting on the Lake
- · Game & Wildlife
- · Giant Rabbits
- Goats
- Gundog Demonstration
- · Highland Cattle
- · Home Grown Bird Seed
- How to make Cider

- How to make Sausages & Burgers
- Kings Lynn Fur & Feather Society Pigeon Section
- Norfolk Beekeepers Association
- Norfolk Lowland Search & Rescue Display
- Norfolk Young Farmers & Countrysiders
- North Walsham Avicultural Society
- · Norwich Drug Dog Display
- Outdoor Cooking & Craft with Norfolk Scouts & Guides
- Pea Fudge Tasting
- Pea Tasting
- · Peering into Seeds
- Potatoes
- Rare Breeds
- RSPB
- Schools Waste Action Club
- Sheep Show
- Sheepdog Display
- Shire Horse Dray Rides
- Smoothie Making
- Strawberries
- · The Cereal Story
- The Milk Story
- The Raptor Trust with Live Hawks, Owls & Falcons
- Tractor & Trailer Rides
- Woad Dyeing and much more...

















Tightets must be purchased in advance

No tickets sold on the day

Cheques to be made payable to RNAA and posted to Spring Fling, Norfolk Showground,

Dereham Road, Norwich NR5 0TT. Please include a S.A.E. Tel: 01603 748931

Spring Fling is sponsored by MARSH







THE CLAN TRUST