



**Guild of Food Writers
Children's Cooking Campaign**

Children's Cookery Competition

Press Release

CALLING ALL KEEN YOUNG COOKS!

Are you between 8 and 14? Do you love to cook? Then enter a cooking competition!

To enter the Guild of Food Writers Cook It! competition, come up with a two course menu of main course and dessert using five or more portions of fruit and vegetables and send in your recipes by Thursday 13 April 2006 for your chance to win fabulous prizes.

Six talented finalists will be chosen from the entrants of this nationwide competition to come to London on Thursday 25 May to prepare their meals in front of the judges in the BBC Good Food Magazine test kitchens.

This year's judges include celebrity chefs Phil Vickery (Ready, Steady, Cook) and Gino D'Acampo (BBC One's Saturday Kitchen).

All finalists receive prizes, the first prize is a fabulous gourmet trip for two to Asti, Piedmont, Italy, courtesy of Sacla', the Italian food production company, to see how pesto is produced with visits to local markets, a chocolate factory and to eat some great Italian meals.

The Guild of Food Writers' children's cookery competition is part of a national children's food and cookery education campaign launched by the Guild in 2003.

Expenses are paid for the six finalists and one adult can accompany the winning young cook to Italy.

For further information and the entry form look at the www.gfw.co.uk website and click on the Cook It! icon.

8 March 2006

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In association with
and

**BBC GOOD
FOOD MAGAZINE**

EDITORS' NOTES

The Guild of Food Writers, the professional association of food writers and broadcasters in the UK and established in 1984, has over 350 authors, columnists, freelance journalists and broadcasters as members. Its aims include campaigning for food quality and public interest in food knowledge.

www.gfw.co.uk

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