

# FREE SPORT HOLIDAY

Swimming

BMX



Skateboarding

**October Half-Term 23rd - 27th October 2006**

The Borough Council sports and leisure facilities are offering FREE sport opportunities this Half-Term for all Juniors who have a valid Leisure Card.



*A Quality Leisure Service*

# What can you do, where & when?

## ● Swimming

Oasis Sports & Leisure Centre - Hunstanton

Mon - Fri 10am to 4pm ☎ 01485 534227

St. James Swimming & Fitness Centre - King's Lynn

Mon - Fri 2pm - 3:30pm ☎ 01553 764888

Downham Market Leisure Centre

Mon - Fri 9:30am - 11:30am ☎ 01366 386868

## ● Skateboarding, BMXing or inlining

The Shed Skatepark - Lynnsport - Kings Lynn

Mon - Fri 10am to 10pm ☎ 01553 818002

# What do I need?

To do any of these activities **FREE** you must have **AND** show your Leisure Card, and it **MUST** be valid. If you haven't got one you can collect an application form from any Borough leisure Facility. Apply early, no-card no-use! ☎ 01553 616646 (9am to 4pm) for info.

If you are planning a visit to the Shed Skatepark at Lynnsport, you **MUST** be over 8yrs old, have your own equipment and head protection. All swimmers require a 20p coin for their lockers.

## Important stuff!

1. All facilities have maximum numbers, so there's no guaranteed admission to any session.
2. Parents don't leave your children until you are certain they'll get admitted, and make sure they know how to contact you.
3. Under 8s swimming Adult to Child ratios apply, call for info. Some sessions will be time limited, check when you arrive.
4. Last admission to all sessions 30mins before they end.
5. Normal facility rules apply, those who misbehave won't be admitted to any future sessions.

## and Finally ..... Have Fun!