

Craig Hike n Bike 14 – 20 May 2007

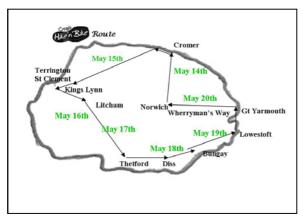
Would you like Craig Fleming to take part in a fundraising event at your school, pass a few footballs in your playground or come and sign your Norwich City Shirts?

The Carrow Road favourite is set to celebrate his testimonial year by walking over 200 miles in a one-off sponsored "Hike 'n' Bike" around Norfolk and north Suffolk. The week-long marathon will raise money for the 2 charities, "RadioBroadlandKidz" and The Matthew Project. Craig will be joined on route by local celebrities and Canary team-mates.



"I played for Norwich for 10 years and enjoyed making Norfolk my home. I want to give something back and help the young people in the area"

Craig is appealing for schools to get involved and he will ride his bicycle and take a 2-wheel detour to participating schools to collect donations and thank the children personally.



Check the day Craig will be in your area and either organise a fundraising event which Craig can drop into or organise an event before hand/or afterwards so Craig can drop in to pick up the donation or wish you luck. Wherever possible a visit will be arranged.

Some Fundraising ideas to get involved with

- Sponsored cycle or walk around the playground
- > Fill a football drawn on your school floor with loose change
- Sponsored keep -me-ups
- Non- uniform day

Contact Caroline for more and to register your schools fundraising events Caroline@matthewproject.org 01603 626123 or visit www.matthewproject.org/supportus