

'JustSmile!' Anti-Bullying Poetry Competition

Ends monday 28th May

COMPETITION WILL RUN IN 3 DIFFERENT
AGE GROUPS:



- 4 - 7
- 7 - 11
- 11 - 16



BULLYING POEMS CAN BE WRITTEN IN
PORTUGUESE AND/OR ENGLISH.

£15 book voucher
for 1st prize of
each age group

Entries To Be Handed Into School And Sent Onto
Us OR Hand Into Us At The Forum On Sunday
27th May

Judge's Decision Is Final

We are 4 girls from Watton air cadets: Ria Bush, Ellice Bush, Harriet Gilford and Neola Bush and we have started a project called "JustSmile!": an anti-bullying project, as part of the WHAM project. We decided to do anti-bullying as we have all experienced bullying in some shape or form. We are raising awareness of bullying both in Portuguese and English by producing leaflets, stickers and our website www.justsmile.org.uk etc.

Entries to: Oakleafe, Scarning Road, Shipdham, Thetford, Norfolk IP25 7QQ

As I Sit Here,
Thinking,
I Realise That Words **Do** Hurt,
They're Worse Than Sticks And Stones.
You See, When They **Taunt** Me, And Make
Malicious Comments: It **Hurts**. And Sometimes
I Wish That I Weren't
Alive Or That
I Was Different, More
Like Them In A Way
Popular.
Confident.
Big.

That's What They Think Anyhow.
They Think They Are Big,
And Popular.
But Inside They Are More Of A **Coward** Than Me.
They Too Have Probably Been Bullied,
And Although It **Hurts**,
It Makes Me Realise,
What Sort Of Person Could
Turn Another's Life Into A **Misery**.
What Sort Of **Insecure, Cruel Individual**
Could Do That?
Don't Suffer.
Speak Out.
Just Smile.

Words Do Hurt



www.justsmile.org.uk