A Capita Conference

## Improving Behaviour and Well Being in Schools

Monday 26th November 2007 - Central London

Plus A Half Day Briefing Successful Peer Mentoring in Schools

Tuesday 27th November 2007 - Central London

# education education





Supported by





## Improving Behaviour and Well Being in Schools

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Developing a secure and stable learning environment for children is essential. They should feel safe in their schools and leave with the necessary social and emotional skills to succeed in the wider world. The reduction of anti-social behaviour and the development of emotional well being are key steps towards achieving these goals.

If children are happy, comfortable and confident they are less likely to become disruptive and involved in anti-social behaviour. The Social and Emotional Aspects of Learning scheme (SEAL) has been successful in improving behaviour in primary schools throughout the country. This academic year will see the phasing in of Secondary SEAL providing a perfect opportunity to examine lessons learned and also to look ahead to making improvements in the future.

This Capita Conference will examine the link between anti-social behaviour and emotional well being in schools. Delegates will have the chance to hear examples of best practice in ways of improving behaviour and the latest developments in promoting well being.

## Benefits of attending

- Hear from the Department of Health on the latest developments in the Healthy Schools Agenda
- Further understand the link between anti-social behaviour and emotional well being in schools
- Discover practical ways of tackling bullying in your school by hearing from successful initiatives in the UK
- Hear the national perspective on the importance and implementation of the SEAL scheme
- Case Studies: primary and secondary schools feed back on their implementation and experiences of the SEAL materials giving the opportunity to learn from, and share, best practice
- Identify the opportunities for partnership working and the role of CAMHS in a school setting



## CPD

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## Briefing

## Successful Peer Mentoring in Schools

## Tuesday 27th November 2007 - Central London

Peer mentoring schemes offer children the chance to confide in and share their feelings with their peers and with the people with whom they feel most comfortable.

A successful peer mentoring scheme can address and help to resolve issues of bullying, behaviour, transition, attainment and attendance. Setting up and sustaining a successful scheme will take a lot of hard work and time, however the rewards can be substantial and really improve the school experience for children.

This half day event will give delegates the chance to engage first hand with methods that can be used to establish and sustain a successful peer mentoring scheme.

## **Benefits of attending**

- Hear from new **peer mentoring initiatives** launched throughout the country
- Understand the wider benefits a successful peer mentoring programme can bring to children's behaviour
- The opportunity to hear direct feedback from schools involved in peer mentoring pilots throughout the country

## Forthcoming events for 2007

National Youth Behaviour – Monday 19th November – Central London Personalised Learning – Tuesday 20th November – Central London

## Who should attend

This event will benefit all those involved in ensuring the well being and health of young people and staff in schools, including:

- Head Teachers
- School Governors
- Education Inclusion Officers
- Pupils at Risk Support Officers
- Pupil Referral Officers
- Pupil Development Officers
- Curriculum Development Officers
- Heads of Student Welfare
- Education Welfare OfficersHeads of PSHE
- Learning Support TeachersBehaviour Support Staff
- Special Educational Needs
- Co-ordinators
- Pastoral Care Workers
- School Counsellors
- School Nurses
- School Mentors
- Children's Services and Young
   People's Services
- Behaviour, Education and Support Teams
- Representatives from Social Services, CAMHS, Integrated Service Teams, Community Health Teams
- Parent/Child Development Associations
- Anti-Bullying Organisations
- Children's Charities
- Healthy Schools Co-ordinatorsCounsellors, Psychiatrists, Educational
- Psychologists, Therapists
- Emotional Health Managers
- BIP Co-ordinators
- Sports Development Officers

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- 09.20 Registration, Tea and Coffee
- 09.50 Chair's Opening Remarks

David Haswell, Schools Manager, NCH Schools

## **Setting the Context**

#### 10.00 Emotional Support and Pupil Well Being

- Delivering emotional support to children through the National Healthy Schools Programme
- Mechanisms for delivery
- The impact of a healthy school on anti-social behaviour

#### Fiona Feehan

National Coordinator on Emotional Health and Well Being **Department of Health** 

10.30 Questions and Discussion

#### **Reducing Anti Social Behaviour In Schools**

## 10.40 Trends and Causes of Anti-Social Behaviour in Children

 Exploring the link between reduced anti-social behaviour and improved emotional well being

## Barbara Herts Chief Executive

## Young Minds

- 11.10 Questions and Discussion
- 11.20 Tea and Coffee

#### 11.40 Preventing Bullying in Schools

- The impact of bullying on the lives of children and the need for prevention
- Examples of work taking place throughout London to tackle bullying
- · Making progress and the need for more to be done

## Anita Compton London Coordinator

Anti Bullying Alliance

12.10 Questions and Discussion

## Briefing programme

08.30	Registration, Tea and Coffee
09.00	Chair's Opening Remarks
	Phil Youdan, NCH Youth Service Development Manager, NCH
09.10	Setting the Context: Implementing Peer Support Programmes
	The CHIPS programme
	<ul> <li>Benefits and rewards of peer support for children</li> </ul>
	• The impact peer mentoring can have on behaviour and attitude
	Lindsay Gilbert, Head of CHIPS UK, Childline
09.40	Questions and Discussion
09.50	NCH ARTiculation Project
	<ul> <li>The opportunity to hear about the NCH ART Initiative</li> </ul>

- The opportunity to hear about the NCH ART initiative
- A year long buddy system culminating in the return of participants to act as peer mentors
  Setting up a successful model for peer support programmes both in
- and out of school
- Tracey Owen, NCH ART Initiative Manager, NCH

## Developments in Emotional Well Being and Mental Health

## **12.20** Social and Emotional Aspects of Learning (SEAL)

- What is SEAL and how does it promote social and emotional skills and contribute to emotional health and well being?
- Why is SEAL so important for both primary and secondary schools?
- SEAL implementation, the national LA and school perspective.

**Deborah Michel** Senior Advisor - SEAL

## Primary and Secondary National Strategies

## 12.50 Questions and Discussion

#### 13.00 Lunch

## 14.00 Case Study: Primary SEAL in Practice

- Feedback on the experiences of introducing Primary SEAL
- Benefits for pupils and staff

**Mark Derrington** 

Head Teacher

Grasmere Primary School, Hackney, London

## 14.30 Case Study: Secondary SEAL in Practice

 Implementation of the Secondary SEAL materials and feedback on the impact on student behaviour and well being

#### **Peter Humphries**

Deputy Head Teacher

**Brockworth Enterprise School, Gloucestershire** 

#### 15.00 Joint Questions and Discussion

## 15.10 CAMHS in School Settings

- · The key issues and approaches
- The Staffordshire Children's Trust Framework

## Chris Cherry Principal Educational Psychologist Staffordshire Children's Trust

- 15.40 Questions and Discussion
- 15.50 Chair's Closing Remarks and Close of Conference

#### 10.20 Questions and Discussion 10.30 Tea and Coffee 10.50 Case Study: Successful Peer Support in Practice • Examples of best practice from throughout the borough • Processes in place and implementation Sarah Johnson, Emotional Health and Learning Mentor Advisor EduAction (Waltham Forest Ltd) 11.15 Questions and Discussion Case Study: Anti Bullying Campaign and Peer Support Project, 11.25 Acland Burghley Secondary School · Peer Support as part of a whole school approach to improving well being • From policy to practice • Role of peer support in the transition from primary to secondary school Vavi Hillel, ABC, Peer Support Project Coordinator Acland Burghley Secondary School, Camden, London Questions and Discussion 11.50

12.00 End of Briefing and Chair's Closing Remarks

## **Booking Form**

Improving Behaviour and Well Being in Schools

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