## 'Sometimes they know how to do things better...'

An opportunity to undertake practical training sessions on how to select, train and supervise Peer Supporters

## February 2008

**Nottingham City Council's Anti-Bullying Support Team** has a national reputation for excellence in providing training to set up and maintain Peer Support schemes in schools. The Mentoring & Befriending Foundation is about to confer Approved Provider Standard to our work, and some children working in our schemes have been given the Princess Diana Award for Anti-Bullying work.

The Anti-Bullying Support Team have created an opportunity for you to take part in practical training sessions on how to select, train and supervise Peer Supporters.

Your trainers from Nottingham City Council's Anti-Bullying Support Team will be Robin Tinker, Kate Slowikowski and Bronagh McCloskey who all have considerable experience in this area of work, having trained over 6,000 young people all over the UK since 2000. This is a unique chance to draw upon their vast experience and expertise in this vital area of work, which makes such a significant difference to the lives of children and young people.



Peer Support schemes incorporate the 5 learning outcomes of SEAL (Motivation, Empathy, Social Skills, Managing Feelings and Self Awareness), and also play an important role in the "Every Child Matters" strands of "Staying Safe" and "Making A Positive Contribution". Peer Support is recommended as an anti-bullying strategy in the recent DCSF publication "Safe To Learn".

#### Who should attend?

Anyone who is interested in starting up or maintaining a scheme in a school, or who is interested in becoming a trainer of Peer Supporters. For Head Teachers, Deputy Head Teachers, Year Heads, Pastoral Leaders, Teachers, Learning Mentors, Teaching Assistants, SENCO's, Heads of PSHE, Anti-Bullying Co-ordinators, and anyone who works with children and young people.

#### Aims

**Sessions 1 and 3** will enable you to select peer supporters, set up, maintain and supervise a peer support scheme. **Sessions 2 and 4** will enable you to fully train young people to support their peers.

#### When?

We offer 4 sessions; 2 for primary/junior schools and 2 for secondary schools. We recommend attending both sessions to gain the full benefit of this course. Approximate times: 9.00 a.m. - 4.00 p.m.

Session 1: PRIMARY: Session 2: PRIMARY: Session 3: SECONDARY: Session 4: SECONDARY: Selection, Maintenance & Supervision Training Playground Buddies Selection, Maintenance & Supervision Training Peer Counsellors

#### Cost

Any one session:£125Any 2 sessions:£200

Buffet Lunch and refreshments provided throughout the day. Full course handouts and training materials are provided. Monday 18th February 2008 Monday 25th February 2008 Friday 22nd February 2008 Tuesday 26th February 2008

Where?

The Denewood Centre Denewood Crescent Bilborough Nottingham NG8 3DH

#### How to book

Just complete the registration form overleaf and send it The Anti-Bullying Support Team by **18 January 2007**. Please note that places are limited.



# 'Sometimes they know how to do things better...' Registration form

To attend the sessions detailed overleaf please complete this form and forward it to The Anti-Bullying Support Team either by post, fax or email. On receipt of your registration you will receive written confirmation of a place and any further relevant information.

Liz Turrell, ABS Administrator, Anti-Bullying Support Team, Sandfield Centre, Sandfield Road, Lenton, Nottingham, NG7 1QH. Telephone: 0115 915 0940, fax: 0115 915 0849, email: liz.turrell@nottinghamcity.gov.uk

### Please register the following delegate:

Delegate's name:					
Delegate's job title:					
Organisation/school:					
Address:					
Post code:					
Telephone:					
Email address:					
Fax:					
Payment Invoicing address if different Note: your organisation will be in immediately following your final s	ivoiced				
Post code:					
Telephone:					
Fax:					
Email address:					
I would like to attend the following training sessions: (Please indicate which dates you will be attending by ticking the relevant box)	Primary Session 1 Monday 18th February 2008		Primary Session 2 Monday 25th February 2008	Secondary Session 3 Friday 22nd February 2008	Secondary Session 4 Tuesday 26th February 2008
Please advise us if you have any specific dietary requirements:					
Signed:					
Print name:					
Date:					

Cancellations

- The session fee is seen to be good value for money and payment of our invoice is due even in the event of non-attendance. (Note: prospective delegates may send someone else in their place however please advise the organisers 5 working days prior to the event.)
- Should a booking be cancelled within 2 weeks of the session date, a standard cancellation fee of £50.00 per delegate will be charged.
  Cancellations, non-attendance or notice of non-attendance received on the actual date of the session will carry the full cost of the session booked.
- The organisers reserve the right to cancel a session. Every effort is made to ensure that this does not occur, however, in the event that it does, participants will be offered a place at the next nearest venue or on a later re-scheduled date. No cancellation fee will apply should the alternative date not be accepted, and any payments made will be fully reimbursed. If the alternative date is accepted, original cancellation rules will be re-instated.