

## **Meet the Ancestors Day @ Colchester Castle**

Saturday 8<sup>th</sup> March, 10am – 4.30pm

### **With special guest Julian Richards of the BBC's Meet the Ancestors**

Enjoy a fascinating day of activities at Colchester Castle as you learn how to explore your past! There will be plenty to enjoy for all the family, so come along for a great day out.

Special guest **Julian Richards of the BBC's 'Meet the Ancestors'** will be giving a talk at 3.30pm all about the ideas behind the television series and how the series was made, concentrating on the science and facial reconstruction behind it all. Don't miss this fabulous talk!

On the day there will also be the chance to see a live demonstration of a facial reconstruction with expert Dr Ogden of Bradford University. Dr Ogden will be reconstructing the face of a victim of Leprosy from Bradford in clay. You can watch as the face is reconstructed throughout the day and even ask our expert questions about how facial reconstruction works. If you fancy having a go at facial reconstruction yourself then you can take part in a fun workshop to construct your own face in clay. Will you be kind to yourself or create the real you? Take part and see!

The Essex Record Office will be offering top tips on how to research your own family history. What kind of family histories will you be able to go away and unveil – get your top tips to find out!

Have you ever wondered what we can learn from skeletons and why they are so important? Well on the day you can find out with a demonstration from an expert from the Norfolk Archaeology Unit. Working with some skeletal and human remains of all kinds (some of which are from Colchester) our expert will be on hand to discuss her work and answer any questions.

This will be an enchanting day out to remember and can be enjoyed free of charge after the normal admission fee to Colchester Castle, so come along and be inspired! Who knows it may lead you to some fascinating facts about your past...

### **Colchester and Ipswich Museum Service**

Our vision is to create a museum service that is a source of pride, inspiration and fun.

#### **Sharon Carter**

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