

# BA Physical Education & Sport

Entry Requirement **BBB**

UCAS Course Code **XC16**

The BA degree in Physical Education & Sport aims to provide an honours level, multi-disciplinary, applied degree in physical education and sport which integrates theoretical and practical knowledge relevant to employment opportunities. There is a strong emphasis on the individual as the facilitator for enhancing performance through the teaching and coaching interface; thus equipping students with the means to enhance their own and others' experience of physical education, sport and exercise. Physical education, sport coaching and physical activity within the sports development framework will provide the context for the application of the disciplines of physiology, psychology, biomechanics, sociology and pedagogy.

The degree has been designed as a coherent programme of study which draws on contemporary research and other relevant educational literature, but also on structured engagement with a range of vocational settings, ranging from primary and secondary schools, the sport, health and fitness industry, voluntary sports associations and regional and national youth sport development agencies. Students will have opportunities to pursue a range of nationally accredited coaching and officiating awards alongside the formal requirements of the course.

The degree balances a compulsory core with two learning pathways: a **Preparing to Teach Pathway** and a **Sport in the Community Pathway**; giving scope for students wishing to specialise in either Physical Education or Sports Development and coaching. A distinctive feature of the course are work placement opportunities allowing the student to demonstrate how a practical placement and academic study inform one another; allowing for the development of a clearer understanding of issues associated with the physical education and sport sectors.


The university offers sports bursaries to UEA students who demonstrate sporting prowess alongside their academic ability, providing that the applicant has reached a national level of performance/representation. Bursaries are awarded to a maximum of £500, but as the university holds swimming as its focus sport, swimmers can access up to £1000. Bursary holders can also receive support services including 1) Strength and Conditioning, 2) Free Access to the specified facilities, 3) Access to other sports science support such as Nutrition, Psychology and Injury Management. The athletes funding is used to purchase resources and to cover training expenses, which are agreed in advance.

## Career Opportunities

The majority of graduates from this programme will find employment in a sport or physical activity context, in either the public, private or voluntary sectors of provision. They will be ideally placed to work as coaches in their chosen field or indeed to operate in a more general educative context with an emphasis on sport performance or sports development. The scientific background that is provided may lead some students to follow postgraduate routes. Students from this programme would be well-positioned to apply for Secondary PGCE Programmes.

## Course Profile

Students take 6 units each year: **Year 1:** Students study 6 compulsory units. **Year 2:** Students study 3 compulsory units and select a specialist pathway consisting of 2 units plus an option from the University's free choice units. **Year 3:** Students study 4 compulsory units, and continue to study their chosen pathway, consisting of two units. The programme offers the opportunity to engage in a variety of teaching and coaching opportunities and work placement opportunities in relation to the chosen pathway.

<b>Year 1: Compulsory Units</b> (120 credits) Students will study all 6 compulsory units <ul style="list-style-type: none"> <li>1EDU1 Analysis and Performance in Sport (1)</li> <li>1EDU2 The Scientific Principles of Human Movement</li> <li>1EDU3 Becoming a Student of PE &amp; Sport: Learning to Learn</li> <li>1EDU4 Acquiring and Developing Skill in Sport</li> <li>1EDU5 The Coaching Process</li> <li>1EDU6 Analysis and Classification of Sport</li> </ul>		
<b>Year 2: Compulsory Units</b> (60 credits) Students will study all 3 compulsory units <ul style="list-style-type: none"> <li>2EDU1 Principle of Fitness and Training</li> <li>2EDU2 Contemporary Issues in Sport</li> <li>2EDU3 The Psychology of Performance</li> </ul>	<b>Pathways</b> (40 credits) Students will select one pathway to specialise in for the following two years <p><b>Preparing to Teach Physical Education Pathway</b></p> <ul style="list-style-type: none"> <li>2EDU4 Professional Knowledge and Understanding</li> <li>2EDU5 Policy and Practice in Physical Education</li> </ul> <p><b>Sport in the Community Pathway</b></p> <ul style="list-style-type: none"> <li>2EDU6 The Coach in Action</li> <li>2EDU7 Community Sports Development</li> </ul>	<b>Elective</b> (20 credits) Students will select one 'free choice' unit <ul style="list-style-type: none"> <li>University-wide free choice option</li> </ul>
<b>Year 3: Compulsory Units</b> (80 credits) Students will study all 4 compulsory units <ul style="list-style-type: none"> <li>3EDU1 Introducing Educational Enquiry</li> <li>3EDU2 Analysis and Performance in Sport (2)</li> <li>3EDU3 Factors Affecting Performance</li> <li>3EDU4 Project</li> </ul>	<b>Pathways</b> (40 credits) Students must continue with the SAME selected pathway <p><b>Preparing to Teach Physical Education Pathway</b></p> <ul style="list-style-type: none"> <li>3EDU5 Inclusive Physical Education</li> <li>3EDU6 Professional Skills</li> </ul> <p><b>Sport in the Community Pathway</b></p> <ul style="list-style-type: none"> <li>3EDU7 Partnerships in Sports Provision</li> <li>3EDU8 Health and Physical Activity Promotion</li> </ul>	

For further details please contact:

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