



Sail Training Limited



The Norfolk Boat aims to provide young people with the opportunity to enjoy the challenge and fun of an adventure at sea. Every year since 1982 the charity has helped around 100 people to sail.

Tel & Fax 01603 881121 www.norfolkboat.org.uk

"To inspire and develop the spirit of Norfolk youth"

What is the Norfolk Boat?



The Norfolk Boat Sail Training is a charity which aims to provide young people with the chance to experience adventure and fun at sea. Each crew member plays an active part in sailing the boat including steering, handling sails, keeping a look-out, helping to navigate and cleaning, cooking and washing up too.

The charity uses a number of sailing organisations whose boats sail around the UK coast, across to the continent and further afield. They include the Ocean Youth Trust North East with James Cook, Ocean Youth Trust Scotland with Alba Venturer, The Excelsior Trust with Excelsior, Jubilee Sailing Trust with Lord Nelson and Scouts Offshore.

Voyages vary in length from two days to two weeks and generally take place between March and October. Every boat has a professionally trained skipper and crew.

Who can go?

Anyone living in East Anglia can have a go and the Norfolk Boat charity gives financial help to able bodied aged between 12 and 24 years and to disabled people of any age who otherwise could not afford to participate. Whilst everyone is expected and encouraged to raise as much money as possible themselves the charity has never turned anyone away.

Want to know more?

If you are interested in participating in a voyage, if you need a grant or if you wish to give money to the charity contact Alex Bartram at the address below or visit our web site at www.norfolkboat.org.uk.

