



WHAT IS SOFAST 2003?

Stride out for Addenbrooke's and Sargent Together is a 250 mile walk in 11 days around East Anglia with the target of raising £500,000. 75% of the money raised will be going to Sargent Cancer Care for Children who provide emotional, practical and financial support to children and young people with a diagnosed cancer related illness. The final 25% will go to Addenbrooke's Hospital in Cambridge who are in desperate need for the refurbishment of one of their children's wards, we hope to provide the funds for this refurbishment.

The Walk is taking place between the 18th and 28th September 2003 starting in Cambridge. Further information will be given with the fundraising pack.

We hope to raise the profile of both charities throughout East Anglia while involving the local communities as we walk through them. BBC Look East will walk with us while filming a documentary on SOFAST 2003 and we have had great interest from other local media and press.

HOW CAN YOUR SCHOOL HELP?

We want you to raise money for our appeal. This can be done through the selling of supplied merchandise such as badges or teddies or by hosting a fundraising event (ideas will be sent out with fundraising packs)

If your school is able to raise some money for the SOFAST 2003 appeal we will enter you into one of our regional ballots which will allow the opportunity for you school to select one (or two depending on age of child) child from your school to walk alongside Mike Gatting (former England Cricket Captain), David Morgan (commonwealth weightlifting gold medallist) and Paul Thwaites (chief executive of Ashwell Property Group plc).

ALL SCHOOLS WILL BE GIVEN THE CHANCE TO PRESENT A CHEQUE TO MIKE, PAUL and DAVID ON THE MORNING OF EACH STAGE OF THE WALK.

SO YOU WANT TO BE PART OF THE FUN....

FOR MORE DETAILS AND A SOFAST 2003 FUNDRAISING PACK

Please phone 0208 752 2890

or e-mail sofast2003@sargent.org

and ask for Morag

Stride Out For Addenbrooke's and Sargent Together

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Supported by Ashwell Property Group PLC 

The profit made from SOFAST 2003 will go to Sargent Cancer Care for Children (75%) and The Fund for Addenbrooke's (Children's Services) (25%)