

Please reply to:

Mrs V Norwood
25 Russell Street
NORWICH
Norfolk
NR2 4QT
Tel: 01603 616710



"Caring for people with lupus"

12th September 2003

Dear Headteacher

The Norfolk Lupus Group is the regional sub-group of Lupus UK covering the Norfolk area.

Worldwide, lupus is more common than leukaemia, multiple sclerosis and muscular dystrophy, yet most people have never heard of it.

One of the main aims of Lupus UK is to raise awareness of this debilitating and sometimes fatal disease. As October is Lupus Awareness Month, I am enclosing some posters, which I would ask you to display, if possible, in your school or on your notice board, as experience has taught us that there are so many lupus sufferers, of all ages, out there who have no one to discuss their fears and problems with. The rural nature of this county makes it difficult for us to reach out and inform Lupus sufferers that we are here to offer any support and advice they may need.

If you would like any further information, please do not hesitate to contact either myself or one of our contacts:

Vi Panetta	Norwich	01603 616633
Elizabeth Barrett	Kings Lynn	01553 617754
Fran Winstanley	Sheringham	01263 822396
Pauline Silk	Dereham	01362 860587
Melanie Beck	Yarmouth & Young	01493 701340
	Persons Contact	

Please help us to help the Lupus sufferers of Norfolk.

Yours faithfully

Val Norwood

Val Norwood
Chair
Norfolk Lupus Group

LUPUS UK

Reg Charity No. 1051610

Head Office:

St James House, Eastern Road, Romford, Essex, RM1 3NH

Tel: 01708 731251 Fax: 01708 731252

Director: Brian Hanner

Patrons:

The Baroness Brigstocke

Lesley Collier CBE

Diana Coupland

Professor Peter Lachmann FRS

Gwyneth Strong

Hon Life President

Dr Graham RV Hughes MD FRCP

"THE MANY FACES OF LUPUS..."



LUPUS may be Mild, may be Disabling and in some cases can be Fatal

- Joint and Muscle Pain • Debilitating Fatigue • Depression • Rashes
- Kidney Problems • Heart Complications • Brain Involvement
- Miscarriages • Lung Damage • Mouth/Nasal Ulcers • Hair Loss

These are some of the many symptoms endured by lupus patients.
Up to 50,000 people in the UK may have lupus of whom around 90% are female.

LUPUS AWARENESS MONTH IS OCTOBER

Someone You Know May Have LUPUS...

For a FREE LUPUS BOOKLET please contact:

LUPUS UK, St James House, Eastern Road
Romford, Essex RM1 3NH

Tel: 01708 731251 Fax: 01708 731252

OR VISIT OUR WEBSITE www.lupusuk.com

LUPUS UK is the national registered charity (no. 1051610) caring for people with lupus.



DOES SOMEONE YOU KNOW HAVE LUPUS?



WHAT IT IS

It's an incurable disease of the immune system

Lupus is more common than leukaemia, multiple sclerosis and muscular dystrophy

WHO IT AFFECTS

50,000 people in the UK, 90% of whom are women

It can be triggered by puberty, childbirth, viral infection, sunlight, menopause, trauma, medication

SO MANY SYMPTOMS THAT MIMIC OTHER DISEASES

Want to know more?

Contact:

Vi (Norwich)
Elizabeth (King's Lynn & West Norfolk)
Fran (Sheringham & North Norfolk)
Melanie (Yarmouth & East Norfolk)
Pauline (Central & South Norfolk)

01603 616633
01553 617754
01263 822396
01493 701340
01362 860587

Or our Young Person's Contact – Melanie

01493 701340

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