

Are you under 18?
Do you look after someone
who is ill or disabled?
If so, then we are here to help with...

**A chance to join a
Young Carers
Support Group**

Information

Listening

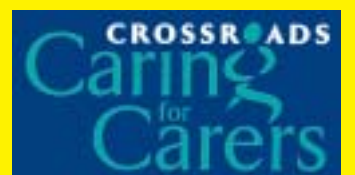
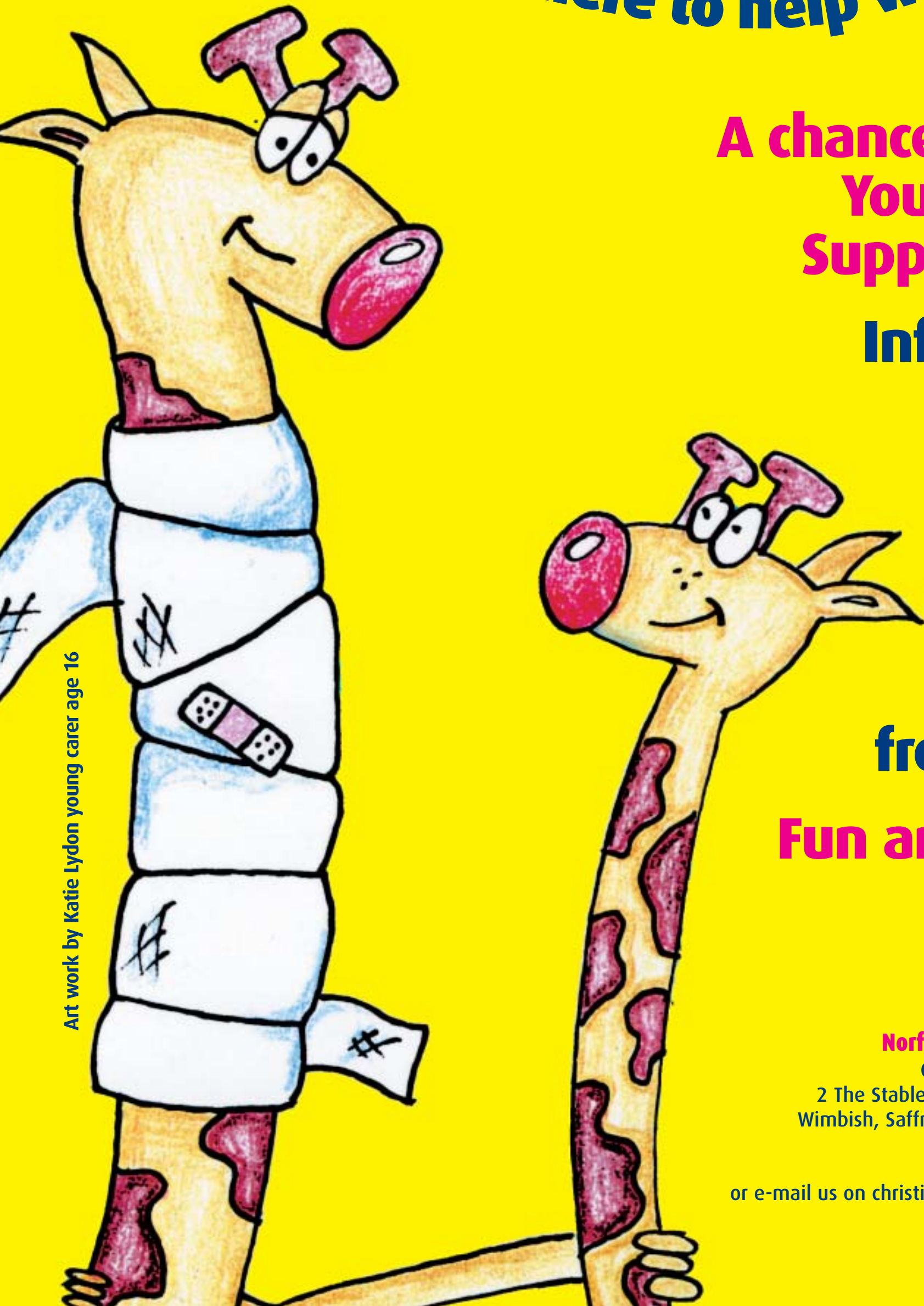
Advice

Support

**A break
from caring**

Fun and Games

Art work by Katie Lydon young carer age 16



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Registered Charity Number 282102