
Pastrol Care Network - Managing Difficult Feelings - including anger

Date	Time	Venue	Course Code	Event Ref.
11/03/2010	16:30 - 18:00	Norwich Professional Development Centre	ENHE5	A

Course Context/Audience:

To explore feelings that can be challenging and how we might manage them in a positive and constructive way.

Objectives:

Delegates will have had the chance to consider the elements of managing difficult feelings as outlined below:

- Recognising children that have difficulty managing emotions
- What is emotional literacy?
- Understanding that feelings are feelings but behaviour is a choice
- The acceptability of anger
- Empathising with pupils in the school environment - flashpoints
- The moment of crisis - de-escalation
- Identifying and using appropriate tools helping pupils with anger

It is intended that those who attend will go back to school with a range of practical approaches that they can begin to use with the children/young people with whom they work

Course Leader/s: Molly Potter - Primary PSHE Education and Development Worker/Healthy Norfolk Schools.

Phase: All schools

Fee: £0.00

Closing Date: 08/03/2010

How to book:

To apply for a place on this activity please complete a booking form and return it to:

Jenni Barber
Healthy Norfolk Norfolk
Children's Services
Norfolk Advisory Service
Professional Development Centre
Woodside Road
Norwich, NR7 9QL

Telephone: 01603 433276 Fax: 01603 700236

Email: jenni.barber@norfolk.gov.uk

Please note this course is not available to book online.



every **child** matters
a brighter future for Norfolk's young people

Professional Learning and Development

Block Booking Form

Name: School/Organisation:

Address:

Tel (inc STD code): Date: School DCSF No.(926): E.mail:

Course Code	Event Ref.	Course Title	Venue	Date	Applicant(s) Name(s) (BLOCK CAPITALS)		
					Title	Forename	Surname

For your convenience why not book on-line at <http://www.cpd.norfolk.gov.uk/sdms>

Booking(s) authorised by: Signature: Title:

Cancellation Policy: for cancellations made by the school/establishment more than 28 working days prior to the course date, a £15 administration fee will be levied per person. The full fee will be charged for cancellations made within 28 working days of the course date. Free courses will incur a £15 administration fee for non-attendance or if cancelled within 5 working days of the course date.

In exceptional circumstances, and at the discretion of Children's Services, or should Children's Services cancel the course, either the fee paid will be refunded in total, or the course will be rescheduled for a mutually convenient date.

Return to: Admin Assistant (PLD), Children's Services, Professional Development Centre, Woodside Road. Norwich, NR7 9QL. Tel: 01603 433276 Fax: 01603 700236

Professional Learning and Development Block Booking Form

School use:

Supply cost _____

Travel _____

Subsistence _____

Course Code	Event Ref.	It is our policy to ensure that we provide access for all people. Meat and vegetarian meals come as standard, If you have any other special requirements of any kind, e.g. the Hearing Loop facility, please state below, so that we can try to help you.

We would welcome your comments and suggestions on the strengths and weaknesses of this Opportunities for Professional Learning and Development programme:

Thank you