

British Gymnastics Trampolining Level 1 Award (Secondary)**Code Ref. ECS H5****Event A - Day 1:** 7/6/2010 **Day 2:** 16/6//2010**Times:** 08.30-16.00**Venue:** Brecklands Leisure Centre**Course Context/Audience:**

These courses are designed for subject teachers with responsibility for the delivery of trampolining both in and out of curriculum time. They are aimed at teachers who would like to teach trampolining during curriculum time to KS3 and KS4 pupils. Delegates will then be entered into Norfolk's two years rolling programme (established in 2006), after which time you will be required to attend a one day refresher course.

Objectives:

These courses will provide a clear framework on managing risk in Trampolining, answer specific questions with regard to Health and Safety, and ensure all schools comply with legislation and good practice in relation to the teaching of trampolining. The course will be delivered through practical activity covering support techniques and skill development, which will allow delegates to deliver trampolining up to forward turnovers at KS3 and KS4 at curriculum, examination and extra curricular level*. Delegates will be required to sit a written test at the end of the course to gain the award.

* Please note somersaults are not covered in this course delegates will need to complete the Level 2 Award in order to teach the more complex skills.

Course Organiser: Keren Thompson
Course Tutor: Anne Higgins
Phase: Secondary School
Fee: £270.00

How to book:

To apply for a place on this activity please visit our website at:

<http://www.schools.norfolk.gov.uk/go/PE>

or

Complete a booking form and return it to:

Claire Burrows

Children's Services

Turner Road Centre

Turner Road

Norwich, NR2 4HB

Telephone: 01603 697000 Fax: 01603 760448

Email: claire.burrows@norfolk.gov.uk