## "A beginners guide to growing organic fruit and vegetables" at Holt Hall

A two day gardening course entitled "A beginners guide to growing organic fruit and vegetables" will be held at Norfolk County Council's 'Holt Hall Field Studies Centre' on Saturday 20<sup>th</sup> and 27<sup>th</sup> March 2010 from 10am until 4.30pm.

For those who wish to learn more about managing a garden or allotment and gain a greater understanding of how to increase productivity, this course will provide all the help you need. Subjects covered will include the principles of growing organic fruit and vegetables, planning your garden/allotment, what to grow and when, improving your soil by making your own compost, working with wildlife, companion planting, pests/diseases, using the seasons to increase growing time and lots more.

All seeds, compost and training resources will be provided and there will be Q & A sessions throughout the course.

Chris Wright, Project Manager for "Roots and Shoots-Growing for the Future" at Holt Hall will run the course using facilities in and around the Victorian walled garden. The price for two days is £65.00 per person. Please bring a packed lunch – drinks will be provided.

If you would like to receive further details or book a place (limited availability) please contact Holt Hall on 01263 713117 or email <a href="mailto:sandra.stanway@norfolk.gov.uk">sandra.stanway@norfolk.gov.uk</a> by Friday 12<sup>th</sup> March.