

## **Are you the parent of a child with Special or Additional Needs?**

*Would you like to meet other parents? Would you like to discover with other parents what is out there in the way of support for your family? To find out who can help and where you can find them?*

*Would you like to have more of a say in the planning of the services your child receives? Would you like to be able to understand more of all that confusing jargon?*

*Would you like to hear and share ideas about enjoying life with your **whole** family how ever challenging that may seem at the moment?*

We are both parents of children with disabilities and we have received special funding from the County Council and the PCT to lead a series of workshops for parents in YOUR area. These workshops were written by parents, for parents and will be delivered by parents.

These are four separate sessions that follow on from each other at the Canterbury Children's Centre, Thetford on the 10<sup>th</sup> November, 8<sup>th</sup> December 2009, 26<sup>th</sup> January and 23<sup>rd</sup> February 2010, 10.00 – 2.30.

**They are FREE and we provide a FREE crèche on site and a nice lunch too of course!**

For further information please contact Karen [karen@bness-solutions.co.uk](mailto:karen@bness-solutions.co.uk) or Anna [anna@bness-solutions.co.uk](mailto:anna@bness-solutions.co.uk) or telephone 01379 740909 or call Michelle [michelle.steel@norfolk.gov.uk](mailto:michelle.steel@norfolk.gov.uk) 01603 714185.

