# **PE and Sport CPD Opportunities** 2010 - 2011

## **Our Commitment to Quality:**

We are dedicated to delivering high quality PE to all young people in Norfolk schools. A vital part of this commitment is the provision of high guality continued professional development (CPD) opportunities for staff across all key stages. They are:

- Fully quality assured
- Delivered by tutors who have achieved "Advanced" or "Established" status (against national CPD framework standards)
- Fully evaluate)
- Targeted to meet the needs of schools in Norfolk
- School based, whole school INSET led by **County Advisers**
- One to one support for Subject leaders, NQT's, teachers or adults supporting learning
- The ability to enter into CPD which is bespoke to your needs, planned with you and delivered to your satisfaction
- The ability to plan CPD over time to ensure impact.



This booklet lists all the planned County courses for teachers, TA's and all other staff supporting learning in our schools. These courses are accredited through the County Council and are organised by the PE, Sport and Physical Development Service with partners as appropriate. Some are accredited against the National Qualification Matrix at Level 3.

To book onto any of the attached courses, simply use the booking form which can be found on the PE website at

www.schools.norfolk.gov.uk/go/pe

Or can be booked directly via the website at www.cpd.norfolk.gov.uk/sdms/



## **Our Commitment to Value:**

In order to respond to the current financial climate we are seeking to combine our commitment to guality with value. As a Service we have to generate our own costs and like schools we are constrained by financial pressures. However, this year we are offering the ability to support small schools (with less than 100 pupils) and High Quality PE Chartermark Award schools specifically as well as offering tailored packages to ensure better value for schools.

These new ways of working, we hope will be seen as supportive and proactive in providing schools with access to high quality PE CPD.

### Small Schools Package

Cost £175

This package is only open to small schools with less than 100 pupils. This package means access to a total of three places on individual courses from our CPD Menu which is marked with a 'package symbol'. Please note that the Gymnastics, Games and Early Years courses are all classed as single courses. Total saving: £275

### Specialist Course Package Cost £250

This package is aimed at Primary schools who may want to develop a specific area of learning such as Gymnastics. Each package option will allow a school to enrol one member of staff on each course within that area of learning.

- 1) Gymnastics Full day courses covering Reception (EYFS), KS1 and KS2
- 2) Games at KS2 three days covering Net/Wall, Striking and fielding and Invasion Games
- Early Years Covering Gymnastics, Parachute 3) Games and more, Physical Development in the Early Years.

#### **Trampolining Proficiency Package** Cost £500



This package is aimed at encouraging high schools to develop staff in respect of teaching trampolining to examination level. It will consist of 5 days covering L1, L2 trampolining qualifications and a proficiency day to develop teacher's skills for demonstration purposes and supporting the more complex skills.

To book your chosen package please contact Claire Burrows for the PE Package Brochure on in order to receive your booking request form claire.burrows@norfolk.go.uk

#### **DEADLINE DATE FOR ALL PACKAGES IS** Friday 24 September 2010



#### **High Quality PE Chartermark Schools**

All those schools who have achieved this Award or who subsequently achieve it; will be offered a simple Buy One Place and Get One Free. This is part of our on-going commitment to succession planning and sustainability and helps to prevent loss of knowledge when staff members move on.

<b>.</b>		Course	Venue		
September 2/9/10	· 2010 P <mark>≂ '</mark>	<b>County Swimming Assistant Certificate</b> – supporting the learning poolside	Holiday Inn Hotel/Hewett Pool		
10/9/10	P 🏞 🍸 🏆	Physical Development In the Early Years	All Saints Primary, Stibbard		
10/9/10	🍸 📂 P 🕐 🕨	Emergency First Aid in Sport - Norvic	Norwich PDC		
13/9/10	P 🏊	Teaching PE in your NQT Year – a survival guide! (Secondary)	Dereham Leisure Centre		
15/9/10	📂 P	Teaching PE in your NQT Year – a survival guide! (Primary)	Bawburgh Primary School		
17/9/10	<mark>▶</mark> ¥ P ¥ 📀	Gymnastics – KS2 A Practical Guide	Dussindale Primary School,		
October					
22 /10/10	P 📻	Secondary Gymnastics - A practical Guide ( linked with NPETCS Secondary)	Downham Market High School		
20/10/10	<b>۲</b>	Safe Supervision of Swimming	Norwich PDC		
21/1010	🏆 🍸 📂 P 🏈	Teaching High Quality Invasion Games @ KS2	Trowse YMCA		
<b>Novembe</b> 4/11/10	🏆 P 🗩 🍸 🕐	High Quality Gymnastics at KS1	Little Snoring Primary		
5/11/10	🗩 P 🕨	Val Sabin Sports Acrobatics at KS2/3	Lynn Sport		
8/11/10	💌 🝸	Risk Management in PE and school Sport (Primary)	Dereham Leisure Centre		
9/11/10	📂 🏋	Risk Management in PE and school Sport (Primary)	Norwich PDC		
10/11/11		Risk Management in PE and school Sport (Secondary)	Fakenham Race Course		
12/11/10	🍸 📂 P 🕐 🏝	Parachute Games and more in the Early Years	West Norfolk PDC,		
15/11/10	📂 🍸 🏝 P (주	Games – KS2 Teaching High Quality Striking and Fielding Games	Kings Lynn Dereham Leisure Centre		
16/11/10	<mark>►                                    </mark>	Action Kids- Early Years Physical Development	Clenchwarton Primary School		
18/11/10	📂 🍸 🏆 P 🕐	High Quality Dance in Primary schools – A practical survival guide	West Norfolk PDC, Kings Lynn		
24/11/10	7	Lesson Observations and Monitoring Standards (Secondary)	Dereham Leisure Centre		
<b>December</b> 9/12/10	۳	Norfolk PE Teaching Competence Standards Programme (NPETCS)	Green Room, Archive Centre, County Hall		
January 2011					
4/1/11	Р 🍸 📂	<b>County Swimming Assistant Certificate</b> – supporting the learning poolside	Holiday Inn Hotel/Hewett Pool		
17/1/11	🏋 P 📂	County Diploma in Primary PE Subject Leadership – Module 1	Norwich PDC		
17/1/11	🚬 🍸 🏆 P🏈	Games – KS2 Teaching High Quality Net / Wall Games	Dereham Leisure Centre		
19/1/11	۲	Safe Supervision of Swimming	West Norfolk PDC,		
24/1/11	📂 🍸 Free	Risk Management – SSCO's in the Primary Setting	Kings Lynn Norwich PDC		
25/1/11	► Y ► Free	Risk Management – SSCO's, PDM's, PLT's & CM's – Central Venue Competitions	Norwich PDC		
February					
11/2/11	🍸 P 🛌 🌗 🖞	High Quality Dance in Primary schools – A practical survival guide	Lionwood Infants		
14/2/11	🍸 🖛 P 📀 🕨	Delivering High Quality PE to Young People with Autism	John Grant Special Sports College		





**Norfolk** County Council at your service

March			
1/3/11	🏆 🍸 📂 P	Action Kids – Early Years Physical Development	Lionwood Infants
2/3/11	🏆 🍸 📂 P 🏈	High Quality Gymnastics - Reception	Lionwood Infants
7/3/11	📀 🍸 📂 P 🕨	Risk Management in PE – Adults Supporting Learning (inc NPETCS Secondary)	Dereham Leisure Centre
14/3/11	🍟 📂 P 🕐 🏆	Outdoor Adventurous Activities on the Primary School Site	Woodlands Primary School
15/3/11	📂 🏋	Lesson Observations and Monitoring Standards (Primary)	Norwich PDC
15/3/11	P 🛌 💮	Outdoor and Adventurous Activities at Key Stage 3 / 4 (Linked with NPETCS Secondary)	Wayland Community High School
15/3/11	P🏞 🕐 🏋	Planning and organising a fully Inclusive Sports Day	Dussindale Primary School
28/3/11	🌱 P 📂	County Diploma In Primary PE Subject Leadership – Module 2	Norwich PDC
<b>April</b> 7/4/11	🍸 📂 P 🥐 🏆	Athletics in the Primary school	Woodlands Primary School
29/4/11	📂 🍸 P 🕐 🏆	Outdoor Adventurous Activities on the primary School Site	Swanton Morley Primary School
Мау			
24/5/11	۳	Safe Supervision of Swimming	Norwich PDC
25/5/11	🌱 P 📂	County Diploma In Primary PE Subject Leadership – Module 3	Norwich PDC
26/5/11 <b>June</b>	🍸 📂 P 🕐 🕨	Emergency First Aid in Sport - Norvic	Norwich PDC
6/6/11	🍸 📂 P 🛞	Towards A Fully Inclusive PE Programme (Primary)	Scarning Primary School
13/6/11	P <b>*</b> (?)	Towards A Fully Inclusive PE Programme (Secondary)	Dereham Leisure Centre
15/6/11 &	► P ¥	Level 1 Trampolining	Breckland leisure Centre
16/6/11			
30/6/11 July	Р 🍸 📂	County Swimming Certificate – <i>supporting the learning poolside</i>	
4/7/11 &	► P ¥	Level 2 Trampolining	Breckland Leisure Centre
5/7/11			
5/7/11	🌱 P 📂	County Diploma In Primary PE Subject Leadership – Module 4	Norwich PDC
6/7/11	🟲 P 🏆	Trampolining Proficiency Day (Secondary)	Brecklands Leisure Centre
8/7/11	🍸 📂 P 🏈	Dance Development Day – Beyond Val Sabin	UEA

#### Key to symbols:

- These courses are suitable for school staff with QTS (Teachers)
- These courses are suitable for Teaching Assistants / NPETCS candidates
- These courses are suitable for Cover Supervisors (Secondary)
- These courses are suitable for wider school based workforce eg. Coaches, SENCO, Nursery Nurses
- P These courses have a practical component so please dress accordingly
- These courses are also available through the Packages
- Free These courses are subsidised through the wider work strand funding





#### County Swimming Certificate – supporting the learning poolside – 1 September 2010 ECS G1/B ECS G1/C 4 January 2011 30 June 2011 ECS G1/D

This course is specifically designed for teachers and school staff who are working alongside the fully qualified swimming teacher/ instructor for with a small group of pupils. It is ESSENTAIL requirement to support pupil learning poolside. It will provide a framework in which to support and develop pupils swimming skills and will increase the quality of provision and pupil standards in school swimming.

Physical Development in the Early Years Foundation Stage - 10 September 2010 ECS H8/A This course is for Nursery and Foundation Stage practitioners in schools or private settings. This course will provide specific support and help on integrating physical activity and health into the EYFS with particular reference to physical development. It is a practical course combining indoor and outdoor work, delivered in conjunction with Norfolk Early Years team.

#### Emergency 1<sup>st</sup> Aid in Sport – 10 September 2010 26 May 2011

This new and exciting course has been designed in conjunction with Norvic First Aid Training and is aimed at adults involved with the delivery of physical education/activity both in and out of curriculum time. It is designed to support staff in dealing with sports related incidents, implementing appropriate first aid treat ment and planning in a practical environment. It will cover the role of a sports first aider, emergency planning, basic life support, head, abdominal and chest injuries, Bone, Muscle and joint injuries and more genral health ailments such as Asthma and diabetes.

There will be practical scenarios for colleagues to consider including 'reciprocal care agreements' when off site.

#### Teaching PE in your NQT Year (Secondary) – 13 September 2010

This course is specially designed for NQT's in Norfolk High School. This course will provide practical guidance / resources to help NQT's teach, plan and assess high quality PE. It will cover all relevant health and safety implications in teaching all areas of the PE curriculum. It is aimed to provide guidance and support in planning, teaching and assessing high quality PE. NQT's will be more aware and competent in the delivery of PE in their schools.

#### Teaching PE in your NQT Year (Primary) – 15 September 2010

This course is specially designed for NQT's in Norfolk Primary School. This course will provide practical guidance / resources to help NQT's teach, plan and assess high quality PE. It will cover all relevant health and safety implications in teaching all areas of the PE curriculum. It is aimed to provide guidance and support in planning, teaching and assessing high quality PE. NQT's will be more aware and competent in the delivery of PE in their schools.

#### Gymnastics – KS2 A Practical Guide – 17/ September 2010

This course is specifically designed to support teachers and NPETCS candidates to plan teach and assess high quality gymnastics provision. To develop a detailed framework and understanding of how to improve pupils from floor to apparatus effectively and safely. It will cover all aspects of the safe use of apparatus its handling, planning its use and staff confidence/competence in teaching with it. Colleagues will be able to observe this in practice and through observation of an additional lesson.

#### Safe Supervision of Swimming – 20 October 2010 19 January 2011 24 May 2011

This course is specifically for Teaching Assistants (NVQ Level 2 and above). It allows head teachers to deploy TA's as group leaders to cover curriculum swimming provision. It provides support and training to allow TA's to act as visit leaders for curriculum swimming - creating PPA time.

#### Teaching High Quality Invasion Games @ KS2 - 21 October 2010

This completely practical course is designed for primary school staff. It is designed to to give teachers' the confidence and competence to embrace the teaching of invasion games at KS2. It is specifically designed for those who lack confidence, support or training in delivering this required (statutory) area of the curriculum. It will provide a practical framework to delivering high quality games in school. The resources provided will give ideas to support teaching and learning. Teachers will be more confident and competent in delivering games a KS2.

#### Secondary Gymnastics (timed with NPETCS Secondary) – 22 October 2010

This bespoke course has been specifically designed to support the Secondary NPETCS Cover supervisors course to plan teach and assess high quality gymnastics provision. As a secondary course it is also accessible to colleagues who teach gymnastics. The course will develop a detailed framework and understanding of how to deliver high quality gymnastics in school. It will develop student's floor work, looking at taking this from floor to apparatus effectively and safely. It will cover all aspects of the use of apparatus and how to extend your students.



## ECS F2/B

**ECS H9 / A** ECS H9/B

## ECS F1/B

#### ECS J1 / I

ECS E6 / C

ECS E6 / D

ECS E6 / E

### ECS J2/A

# ECS J3/A





#### High Quality Gymnastics @ KS1 – 4 November 2010

This completely practical course is designed to give teachers' the confidence and competence to embrace the teaching of Gymnastics at KS1. It is specially designed for those who lack confidence, support or training in delivering this required (statutory) area of the PE curriculum. It will provide a practical framework to delivering high quality gymnastics in schools. Teachers will be more confident and competent in delivering gymnastics at KS2.

#### Val Sabin Sports Acrobatics – 5 November 2010

This course has been specifically designed to support upper KS2 and KS3 staff to develop a new and exciting element to curriculum and extra curricular gymnastics. It can be described as an infusion of choreographic and complex acrobatic skills performed in perfect synchronisation with a partner to music. Delegates will be guided through basic skills and movements that will allow them to develop their own confidence and competence in working with the young people composing sequences using tumbling and coutner balancing. Enabling staff to add a new element to their gymnastics SoW.

### Risk Management – Primary – 8 November 2010

**9 November 2010** 

This course is aimed at subject leaders and NPETCS whom have assumed this role, and is recommended in order to ensure that you are complying with the guidance issued in September 2008 by the Association for Physical Education (afPE). The course will cover all aspects of completing the written risk assessment for PE and sport - a statutory requirement - using generic assessment form (2008)

#### Risk Management – Secondary – 10 November 2010

This course is aimed at subject leaders and NPETCS whom have assumed this role, and is recommended in order to ensure that you are complying with the guidance issued in September 2008 by the Association for Physical Education (afPE). The course will cover all aspects of completing the written risk assessment for PE and sport - a statutory requirement - using generic assessment form (2008). It will look at the basic legal framework in which we operate, looking at what risk management means and why it is important. Teachers participate in risk benefit assessment, balancing taking risks without undue danger of serious harm; managing not minimising risk. It will look at regular reviewing of policies, procedures and routines and standards in Health and Safety, the risk assessment process and good/safe practice.

#### Teaching High Quality Field/Strike Games @ KS2 – 15 November 2010

This completely practical course is designed for primary school staff. It is designed to give teachers' the confidence and competence to embrace the teaching of field/strike games at KS2. It is specifically designed for those who lack confidence, support or training in delivering this required (statutory) area of the curriculum. It will provide a practical framework to delivering high quality games in school. The resources provided will give ideas to support teaching and learning. Teachers will be more confident and competent in delivering games a KS2.

#### Action Kids – 16 November 2010 1 March 2011

This course is for Nursery and Foundation Stage practitioners in schools or private settings. Action Kids covers song, rhyme, music, movement. Parachute play, activities leading to games, gymnastics & dance, and physical development with fun session plans. This course focuses on Action Kids 600 and the links with the Early Years Curriculum. As such the course is more suitable for nursery nurses, practitioners and early year's teachers/coordinators.

#### Lesson Observation and Monitoring Standards (Secondary) – 24 November 2010

This course is designed to ensure that teachers can recognise high quality teaching & learning through monitoring of and observation in lessons, recording the information for feedback and using it to bring about improvement. It will allow teachers to identify essential elements of effective planning, set the focus for lesson observation, recognise and agree high quality teaching and learning in lesson, how to complete and use records of evidence and techniques for feedback.

#### Parachute Games & more in the Early Years – 12 November 2010

This course is designed for Early Years practitioners/teachers/teaching assistants. Delegates will receive practical ideas to help encourage active play through fun games using parachutes and other equipment leading to formation of simple game playing. This is a new course focussing on provision in the early years and supports staff looking at making any game programme more appropriate

#### High Quality Dance in the Primary School – 18 November 2010 **11 February 2010**

This completely practical course is designed to give teachers' the confidence and competence to embrace the teaching of Dance. It is specially designed for those who lack confidence, support or training in delivering this required (statutory) area of the PE curriculum. It will provide a practical framework to delivering high quality dance in schools. The resources provided will give ideas to support learning. Teachers will be more confident and competent in delivering dance.

# PHYSICAL EDUCATION Norfolk Quality Chartermark

Norfolk County Council at your service

#### ECS J5 / A

ECS J1 / A

#### ECS J8 / A

ECS F5/B ECS F5/C



## ECS E9/C

ECS K1 / A

## ECS E9/B

ECS J9/A

## ECS J6/B

ECS J7 / A

ECS J6/A

#### Teaching High Quality Net/Wall Games @ KS2 – 17 January 2011

This completely practical course is designed for primary school staff. It is designed to give teachers' the confidence and competence to embrace the teaching of net/wall games at KS2. It is specifically designed for those who lack confidence, support or training in delivering this required (statutory) area of the curriculum. It will provide a practical framework to delivering high quality games in school. The resources provided will give ideas to support teaching and learning. Teachers will be more confident and competent in delivering games a KS2.

#### Risk Management – SSCo's in the Primary Setting – 24 January 2011

This course is aimed at secondary specialists working cross phase in the Primary setting and is recommended in order to ensure that you are complying with the guidance issued in September 2008 by the Association for Physical Education (afPE). The course will cover all aspects of completing the written risk assessment for PE and sport - a statutory requirement - using generic assessment form (2008), in order that SSCo colleagues are aware of the requirements of Key Stages 1& 2 risk management and can support the development of Risk management policy, procedure and practice within their partnership schools. This course is subsidised.

#### Risk Management – SSCo's, PDM's, PLT's and CM's– 25 January 2011 - Central Venue Competitions

This course is aimed at those colleagues who are involved with the running of sports partnership festivals and competitions at central locations and the transportation of young people from school to central venues. It is recommended in order to ensure that you are complying with the guidance issued in September 2008 by the Association for Physical Education (afPE). The course will cover all aspects of completing the written risk assessment for PE and sport - a statutory requirement - using generic assessment form (2008). This course is subsidised.

#### Delivering High Quality PE to young people with Autism – 14 February 2011

Supporting pupils with Autism in PE can be challenging. This course seeks to give practical guidance and resources to help teachers plan and deliver High Quality PE to pupils with Autism. This course is suitable for teachers, teaching assistants and SENCO's.

#### High Quality Gymnastics – Reception – 2 March 2011

This completely practical course is designed to give teachers' the confidence and competence to embrace the teaching of Gymnastics at reception. It is specially designed for those who lack confidence, support or training in delivering this required (statutory) area of the PE curriculum. It will provide a practical framework to delivering high quality gymnastics in schools. Teachers will be more confident and competent in delivering gymnastics at reception.

#### Risk Management in PE – Adults supporting Learning – 7 March 2011

This course is aimed at those colleagues who are involved with the delivery of curriculum and extra curricular activities within school who do not have Qualified teacher status (QTS) It is recommended in order to ensure that you are complying with guidance issued in September 2008 by the Association for Physical Education (afPE). The course will cover all aspects of completing the written risk assessment for PE and Sport - a statutory requirement - using the generic assessment form (2008). It will look at the basic legal framework in which we operate, looking at what risk management means in this situation and why it is important. The course will focus on policies, procedures, routines and standards in Health and Safety, providing practical examples of how individuals can safely manage young people to ensure good and safe practice whilst working in the school setting.

#### **Outdoor Adventurous Activities – Primary 14 March 2011**

29 April 2011

This popular course seeks to allow teachers to make greater use of OAA as an area of activity and to increase the learning impact. This area of activity is often forgotten by school but potentially offers the greatest cross-curricular potential. The course is suitable for teachers and cover supervisors. This course will develop greater awareness of the uniqueness of OAA within the curriculum, to help colleagues plan, deliver and evaluate high quality provision. Candidates will be confident to develop this exciting area of activity.

#### **Outdoor Adventurous Activities – Secondary 15 March 2011** (Timed with NPETCS Secondary)

PHYSICAL EDUCATION Norfolk Quality Chartermark

This popular course seeks to allow teachers to make greater use of OAA as an area of activity and to increase the learning impact. This area of activity is often forgotten by school but potentially offers the greatest cross-curricular potential. The course is suitable for teachers and cover supervisors. This course will develop greater awareness of the uniqueness of OAA within the curriculum, to help colleagues plan, deliver and evaluate high quality provision. Candidates will be confident to develop this exciting area of activity.

## Norfolk County Council at your service

#### ECS K9/A

ECS F7/C ECS F7 / D





ECS F8/B

ECS K6/A

ECS K7/A

ECS K3/A

ECS K4/A

#### Lesson Observations & Monitoring Standards (Primary) - 15 March 2011

This course is designed to ensure that teachers can recognise high quality teaching & learning through monitoring of and observation in lessons, recording the information for feedback and using it to bring about improvement. It will allow teachers to identify essential elements of effective planning, set the focus for lesson observation, recognise and agree high quality teaching and learning in lesson, how to complete and use records of evidence and techniques for feedback.

#### Planning & delivering a fully Inclusive Sports Day - 15 March 2011

This course is aimed at Primary subject leaders and TA's who are/have completed the Norfolk PE Teachings Competence Course. It will allow schools to reflect upon their current Sports Day provision, reviewing competitive v. co-operative activities. To evaluate strategies to ensure all pupils are able to engage in a Sports Day. To ensure Sports Day links to curriculum planning and development.

#### Teaching High Quality Athletics @ KS2 – 7 April 2011

This completely practical course is designed for primary school staff. It is designed to give teachers' the confidence and competence to embrace the teaching of Athletics at KS2. It is specifically designed for those who lack confidence, support or training in delivering this required area of the curriculum. It will provide a practical framework to delivering high guality Athletics in school. The resources provided will give ideas to support teaching and learning. Teachers will be more confident and competent in delivering games a KS2.

#### Towards A Fully Inclusive PE Programme (Primary) 6 June 2011

This course is aimed at colleagues who teach PE and school sport at KS1 and KS2. It will provide practical guidance and ideas to help colleagues plan, teach and assess using a fully inclusive approach. This course will consider inclusion in its widest sense to cater for children with special educational needs for whom PE can pose a challenge, whilst also focussing on how to maintain the level of challenge for the young people who could be classed as more able, (G&T from yr 5). It will provide a framework in which to support and develop student's knowledge, skills and understanding and will increase the quality of provision for every child.

#### Towards A Fully Inclusive PE Programme (Secondary including NPETCS) 13 June 2011

This course is aimed at colleagues who teach PE and school sport at KS3 and KS4. It will provide practical guidance and ideas to help colleagues plan, teach and assess using a fully inclusive approach. This course will consider inclusion in its widest sense to cater for children with special educational needs for whom PE can pose a challenge, whilst also focussing on how to maintain the level of challenge for the young people who have been identified as Gifted and Talented. It will provide a framework in which to support and develop students' knowledge, skills and understanding and will increase the quality of provision for every child.

#### L1 Trampolining - 15 & 16 June 2011

These courses will provide a clear framework on managing risk in Trampolining, answer specific questions with regard to Health and Safety, and ensure all schools comply with legislation and good practice in relation to the teaching of trampolining. The course will be delivered through practical activity covering support techniques and skill development, which will allow delegates to deliver trampolining up to forward turnovers at KS3 and KS4 at curriculum, examination and extra curricular level. Please note somersaulting is not covered in this course teachers will need to complete L2 to be qualified to teach them

#### L2 Trampolining – 4 & 5 July 2011

PHYSICAL EDUCATION Norfolk Quality Chartermark

The course will provide a clear framework on managing risk in trampolining, answer specific questions with regard to health and safety, and ensure all schools comply with legislation and good practice in relation to teaching trampolining. The course will be delivered through practical activities covering support techniques and skill development, which will allow teachers to deliver trampolining including front and back somersaults to both KS3 & KS4 at curriculum, examination and extra curricular level

#### Trampolining Proficiency Day 6 July 2011

This bespoke subsidised course has been designed for subject teachers with responsibility for delivery of trampolining both in and out of curriculum time. It is in direct response to feedback received from colleagues who have attended the county refresher courses earlier this year and requested a proficiency day. 'Improve own trampolining skills to ensure high quality demonstrations and teaching points' (A. Harrison, Northgate High School)

#### Dance Development Day - Beyond Val Sabin - 8 July 2011

This completely practical course is designed to give teachers' the confidence and competence to embrace the teaching of Dance away from the Val Sabin resources. It is specifcally designed for those who lack confidence to move forward from Val Sabin, yet crave some new ideas. It will provide support and training in delivering this element of the PE curriculum. It will provide a practical framework to delivering hing quality dance in schools. The resources provided will give ideas to support teaching and learning. Teachers will be more confident and competent to 'go it allow' when delivering Dance at KS1/2.

#### ECSL4/A

## **ECS K8 / A**

ECS E5 / B

ECS L1/A

## ECS L2/A

#### ECS H5 / B

ECSH6/C

ECSL3/A

ECSH7/B



## Norfolk County Council at your service

### Modular Programmes 2010 - 2011

#### Norfolk PE Teaching Competence Standards Programme – (Primary NPETCS) 9 December 2009 (first session of 13 over one year)

This extremely successful and popular course for Teaching Assistants (NVQ Level 2 and above) to be trained to deliver high quality PE in primary schools is now in its fifth year of operation. The whole programme is based around a series of competencies, enabling head teachers to deploy them in full confidence that delegates are complying with all appropriate legislation including health and safety and ensuring a high quality experience and entitlement for their young people.

#### Norfolk PE Teaching Competence Standards Programme – (Secondary NPETCS) 8 June 2011

This new and unique course has been designed for secondary cover supervisors to be trained to deliver high quality PE when PE staff is absent. The whole programme is based around a series of competencies, enabling head teachers to deploy them in the full confidence that delegates are complying with all appropriate legislation including health and safety and ensuring a high quality experience and entitlement for all young people.

#### **County Diploma In Primary PE Subject Leadership**

17 January 2011 Module 1 2011 Module 2 28 March 25 May 2011 Module 3 5 July 2011 Module 4

This new and unique nationally accredited programme consists of four modules which supports the delegates to coordinate and manage a primary PE subject leader role. The outcomes will support the successful completion of a subject specific SEF which in turn will support and embed PE within whole school development. This course is ideal for NPETCS teaching assistants who want to extend their skills or are currently deployed as subject leaders. The course is also highly applicable to QTS qualified staff who want guidance on leadership and management of Physical Education.

Diploma cost: £500 Inclusive of all registration fees and resources

#### PE and Physical Activity for young people with long term medical conditions Module 1: Supporting Pupils with Asthma **Module 2: Supporting Pupils with Diabetes**

These modules will consist of a self-learning resource for guided self-study. The candidates will need to complete the reading and reflective tasks together with knowledge reviews and school based learning tasks over a personalised timescale. Candidates will then get the opportunity to come together and network at a training session which will also look at putting policy into practice. This new and innovative approach to CPD in PE will be locally accredited by Norfolk County Council in the first instance but will become accredited at national level.

#### **Trampolining Proficiency Package** L1 15 & 16 June 2011 L2 4 & 5 June 2011 Proficiency day 6 July 2011

PHYSICAL EDUCATION Norfolk Quality Chartermark

A package designed to encourage colleagues to develop the necessary skills to become comfortable and proficient in delivering trampolining to students ranging from beginners through to GCSE/AS/A2 examination level. Developing the skills, knowledge and understanding of the risk management associated with this activity as well as the technical aspects of supporting students through specific moves.

### Norfolk Schools Sports Partnerships 2010 - 2011

For additional CPD opportunities in your area please visit the Norfolk Schools Sports Partnership website and click on your partnership link: www.norfolkssp.co.uk





ARTNERSHI

## ECS L6 / A

ECS G9/A

ECS G2/A

#### ECS L5 / A ECS L5 / B